Transcript of Robert Scott Bell Shot Segment, October 6, 2026

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ROBERT SCOTT BELL:

All right, once again, we just, I don't know, we rocked the health world, but I didn't realize we'd rock it in the way that happened over the weekend. And we're going to get into that with Super Don, who put out this Substack on a thought experiment about how easy it is. And I'm just going to give you the basic overview here, **how easy it is to just point to someone who you don't agree with their tactics or their strategy, or maybe you just don't like them, maybe you had a bad, and it's easy then to just call them names**. It's like a schoolyard scenario.

And that **very often when we are vulnerable to, let's say, leaning into our emotions, we forget to do a little bit more homework and research on any given subject or topic**. And we might just rely on somebody telling us what was said, telling us what happened. And then **we react that based on our preconceived notions** about someone, we might like them, we might not like them. Any number of things happen. This is the human experience here.

And this is very much part of the journey of the Robert Scott Bell Show, because I kind of lay it all out, my experience of how I got to where I am, what I've done for healing, what I share with you, the various people I bring on to interview, to share their story. It doesn't mean that I 100% agree with everybody on the show, but I love that we get to spotlight different perspectives, whether it be on nutrition or whether even it be on economics and politics. We can do that.

And as I said, this is a place where even if I have a disagreement with somebody, it's like, I don't bring somebody on to yell at them, to be, it's more or less, hey, let's, I want to know why you believe what you believe. That's one of the most fascinating things as far as this journey of being human on planet earth. How many billions of souls have inhabited bodies and are inhabiting bodies right now? And what are they here for? What are they here to learn? What are they here to teach? Who are they here to harm? Who are they here to heal? Right? All of these things are part of the human experience.

And even in the realm of what we call the health freedom movement, or now the medical freedom movement, or now for some, it's the MAHA movement. How many various different ways are there to engage in that, to either support it or maybe work against it? Any number of ways.

I have told you how many times I'm not interested in going to DC to do anything, much less be elected to any office, because the idea of going into government makes the blood curdle,

right? It's not me, but there are others who are drawn into that realm for some reason. And it may be good, maybe neutral, maybe bad. I don't know. But that's the unique experience of the people on planet earth. You get to decide, you get to choose. What is your bliss? What is the way you want to move forward in life? What are you here to teach? What are you here to learn?

Now, many people are drawn into the healing arts and sciences. I wish they were all going through something like the Energetic Health Institute, right? And Trinity and others that are teaching what we call now traditional naturopathy or homeopathy. But it doesn't mean that I'm going to denigrate people just because they went allopathic and now they're doctors, right?

Now, many of them have become really good friends of mine over the years, particularly when they started seeing the limitations of their ideology, thought, form, or programming. Every ailment, illness, symptom, emotion is evidence of an FDA-approved drug deficiency. Obviously, that's absurd. Cancer is not evidence of a radiation deficiency. It's not evidence even of a surgical intervention deficiency, even though there's a point and a place for all of those things. Never have I argued, no place for allopathic medicine ever, right?

My kids, who are now 26 and 21, have never had a vaccine. They've never even had one antibiotic. Does that mean there's no place for those things? Well, we haven't figured out and found a way to use them that would be a benefit. I believe that vaccines are only detrimental. My belief system, based on what I've learned, I am not a fan of them. And I've been speaking out about that for 27 years on this show, longer than that on the lecture circuit as a young, snot-nosed homeopath trying to learn his way.

And then, of course, the utilization of antibiotics, which I was raised on. I said, I want to give my kids a fight and chance that we don't have to resort to them. If we did, we'd be willing to, but we never had to. We're utilizing the things that I've known about, learned about, and I've been teaching about on this show and more. And you can find out about all that stuff at rsbapproved.com. You can see it there.

So, this isn't an argument as well of, there's only one way to solve the, I don't know, the health freedom crisis, the medical freedom crisis. There are a myriad of ways, a million ways. Now, if I was to share, and I am about to share one of my core beliefs, is **I don't believe the solution lies in the government. Certainly not a centralized bureaucracy. At the same time, I'm not going to yell at somebody who goes in there and tries to make a change for the better. Like Bobby Kennedy, Secretary Kennedy now.** I'm going to say, that's a good thing. It moves the needle a little bit, maybe less into the arms of people, more, you know what I'm saying here?

That there are a myriad of ways, and that's his bliss to go in there and try to make a change there. Is it the ultimate way to do it? I don't believe so.

I've said that ultimately, to stop mRNA is the same thing that stops vaccines altogether. It's you stop taking them. You stop receiving them. You stop enabling, supporting, promoting.

You say, uh-uh, not stop this line. You don't cross that line. And if you do, I have a larger caliber waiting, because that's how strongly I feel about it. When that is communicated and you live that way, there's no amount of government force that can force you or anybody else into it. But until we get there, there's going to be people that want or desire or perceive the need for those things that you and I maybe have figured out they don't belong in our lives anymore. But how many other millions of Americans are still looking at the vaccine construct and going, yep, need those. They're still good, even though they want to convert them all to mRNA.

But can we get back to that point of that foundational statement? Why do you think you need a thing called a vaccine? That's not being discussed in many places. They're still arguing whether you're an anti-vaxxer or a pro-vaxxer or an informed consent person. All of that is just convoluting everything. Yet at the same time, I guess if I'm just a conduit of some kind in terms of the health freedom discussion, I don't claim to have all the answers as much as I'm sharing with you what I believe, what I perceive and how I do it. **Yet I still want to know where you're at, where are the MAHA people at, where are the other people at, including someone like Dr. Mary Talley Bowden, who came on the scene in 2021, I believe, which a lot of people did. COVID, post-COVID, all of that going on. Welcome to the party, pal, as we say.**

And this is something that for me is so very important to be a conduit of communication. Now, I also have a humble and lovable producer. Super Don's been with me for over 20 years now. And he likes to brush it off, but dude's super smart. And he's been on the side of, and I'm speaking like he's not here, been on the side of being the skeptics out there. They're just, as he said, they're just dicks. They're horrible. They're just mean people. They don't engage in discussion. They're like, you're horrible for not believing what I believe, not being in my cult or religion. They don't want to say it that way. But if you disagree with them on drugs, on oncology, on cancer treatment, or vaccines, suddenly now, oh yeah, you're going to get it. Now they don't have the same power they once did to call us names. And then people go, ah, look at them.

But there's still people within our own community that just have this perception of others in our community that are different, taking a different tack, different strategy. They're in a different place. And I'm like, it's okay to critique them and criticize them. I'm not discarding that. Even critique and criticize me. I've certainly felt that over the years. You can't help it when you're speaking out this way. **But what happened over the weekend was not what I expected because it was simply a thought experiment that Super Don helped ushered into existence on our Substack. And that wouldn't have had much of an impact really. Cause we've, as I said, we've got a small loyal following, but we don't, I don't know algorithms. I can't dance, but MAHA picked up this Substack of ours and then put it out. And then the reaction was that it was an attack, but it wasn't.**

And it's clear. I think it's clear, but it wasn't because we're all emotional beings too. I get that. Super Don, let me welcome you into the mix here. And were you able to publish? We have a couple of pieces in response to what happened over the weekend with the Substack as well. For those that want to read it, not hear it or see it, you guys can take the time to read what we responded. So Super Don, the floor is yours. Where to begin. I know. I mean, you and I both didn't expect what happened to happen.

SUPER DON:

Holy crapola, man. Yes, I did. The new Substack is posted. We worked very carefully to try and clear the air on what it is that happened, what it is that was misunderstood about the article that was put out initially. And to also take a look at the reaction and the response. Yeah. Online, which I think was probably of all of it. Once we got past the, Oh, Holy crap. Yeah. Part of which we had no idea that it was going to cause that kind of a reaction. I mean, no clue.

ROBERT SCOTT BELL:

The funny thing is, we put it out on our Substack and it got a few likes. All right, cool. That's what we do, we don't, we're not, I mean, if we have something that gets a lot of traction or people like, and they respond, well, we love that. That's the whole reason why we do it. We don't do it for clicks. We're trying to put content out there that is interesting and important. Yeah. So then when we got the message from the MAHA report and they were like, Hey, can we repost your article? It's like, sure. I know. Why did we say no? It's just like, sure. We believe in, in what we put out there. **And in this case, it was a thought experiment related to the open letter that Mary Talley Bowden put out. And I think explicitly, and you can relate this as well, that we were not targeting her or accusing her of any crime.** It was an opportunity to share what happens when any segment of the health freedom movement does something.

SUPER DON:

Dude, I mean, that's the whole thing. **And let me tell you, I mean, just so that you understand how this even formulated, right. In my brain, as I've had an issue for a long time that people will use terms like PSYOP.** Well, I mean, the song that I did recently, which actually is, I had fun making and it actually turned out really well. **I thought, or controlled opposition or a disinformation agent or something, it's been abused.** Do those things really exist? Yes, they do.

But when every time you come across somebody that you don't like somebody that disagrees with you or something like that, if they automatically turn into a CIA disinformation agent and a shill and a sellout and a PSYOP or whatever, what happens is that term and what it means becomes so diluted and people become so desensitized to it that when an actual PSYOP is in front of you, you may not even recognize it's there. So I was looking at this open letter thing that had happened, very newsworthy event and thing. Listen, that's what we do. If something comes up in the

news and if it's a newsworthy event to talk about and stuff like that, we talk about it. Hello, first amendment. I mean, that's what we do.

ROBERT SCOTT BELL:

That's what the show is about health news and news that affects our health as well. And the article itself, or let me say the open letter itself is I read it. It wasn't like, it was much to disagree with in terms of its goals. I mean, there's a lot of alignment there. When we get into strategy and tactics, we all have different perspectives on what is perfect or right or better or whatever. We all have perspective and that's cool. But I, that's why I bring people on to talk about these various things and I'll have people on that some other people hate or even the person on did all of that, but it's not, I don't really dwell there. **But in this case, again, there was a lot, apparently misunderstanding, received wrong emotionally.**

SUPER DON:

And listen, let me. Let me finish my thought here that I was looking at this open letter thing and going, man, and I watched the interview with Del Bigtree. I watched the interview with Steve Gruber who interviewed Mary and I was just like, wow, I was trying to wrap my head around this whole thing and what I thought about and stuff like that. **And then I saw this article that Jeremy Hammond, who we've had on the show, he's on the show.**

ROBERT SCOTT BELL:

He's a great, he's a very well thought out guy, great researcher. And yeah, there are things that he has written about that some in the audience go, I hate that. Others go, I love it. I'm like, that doesn't dissuade me from bringing someone like that on, a lot we have alignment on, like the [medical] licensing.

SUPER DON:

So here's what happened. I was reading about the open letter thing. And then I saw the article from Jeremy Hammond and the first part of the title of it says that MAHA is a psyop. And so I'm looking at that and I'm like, here we go again. Right? It's just like, it's a psyop. And so those two things kind of converged on each other in my brain. I said, what would be interesting is to show how easy it is to turn something into a psyop. Right. **So what I did was I just happened to have those things in front of me. I was like, Hey, I wonder what it would look like if we tried to take this open letter and let's see how easy it would be to turn that into a psyop. An exercise is what this was. It was an imaginary scenario where I was like, here's this open letter. What would it take for us to be able to make that look like it's a psyop?**

Okay. **And I want to just make it very clear that if you go in and you read the article right off the bat in the very beginning of it, it says right there in black and white, it says this quote, and before anybody takes this out of context, I am not saying that this is what happened. I don't have evidence that Mary Talley Bowden, the people behind this letter or any of its signers are knowingly agent provocateurs, right?** Boom. Right.

Look, I didn't want anybody to take it out of context or think that that's what we were saying, but it turns out that when Mary read it, that's exactly what she did. It's like, I tried very hard. I also said in there, you put on there, I don't know. It says, well, I had many, another one later on the article I put on there. I made this up another, further on in the article, I don't have evidence that big pharma created this letter.

I don't have evidence that Mary Talley Bowden was recruited by anybody. I don't have evidence that somebody paid these signers. I don't have evidence that anybody was blackmailed. I don't have evidence that some secret organization designed this entire thing. How much, how more clear could I have been in making it obvious that I was not accusing anybody of being anything. This was an imaginary exercise to show how you could take a little bit of truth and connect the dots to a whole bunch of other things and make it look like it was a psyop. So it's like, I don't know. I, did I, do I need to put a neon sign? No, this is not real.

ROBERT SCOTT BELL:

This is just an exercise, maybe we suck at doing this, but I think it was pretty clear. But the point is, look, it was taken the way it's taken, which was not the way it's intended. And I don't know how much you can do because it's a thought experiment, but it's not one where we're like, we're going to do an experiment on people and not tell them what's happening. And then afterwards, we're going to reveal to it that happened. That was not it. It was like, we're going to tell you exactly what we're doing here. And here's all the things that come into play. And here's what happens and manifest. And then by the way, we're not doing that thing, but it was an opportunity to teach, to learn. And of course it hit close to home, I guess, in some cases, but it wasn't, it was utilizing what was there. And then again, I think because MAHA picked it up, which that's the thing.

SUPER DON:

And that's the thing that made me laugh because it was just like, suddenly it was MAHA that was, **I'm like, MAHA didn't write this. We put this out. It wasn't MAHA. They reposted it. But then the framing of it was MAHA is attacking Mary Talley Bowden. It's just like, what is going on here? Nobody's attacking anybody.**

There's a line in one of the lyrics in that song that I made called Psy Apocalypse. Yes. And it is, if you look hard enough for something, you'll find it every time. And if you look at something and you believe that what's happening is you're being attacked. Even if it's not the case, your bias will make you think that you are because that's what you're looking for. And so you can take anything and interpret it and make it into what it is that you think it is.

But again, it's like, how many disclaimers do I have to put in this thing to make it clear what this article was about, what the exercise was about? Unfortunately, some people took it personal when it was not intended to be that way. And like I said, if you go back and you read it from a neutral perspective, you'll see. **And the thing is, when we**

read through the comments, man, there were hundreds, hundreds of comments of people that were like, I can't believe they're attacking you.

ROBERT SCOTT BELL:

Well, everybody went into their own corner, right? It depended on if you thought it was an attack or believe it was attack. Obviously you're going to look now. Suddenly I'm an enemy of Mary. I'm not. I said, I appreciate it. We have so much in common with her that it's just like, if there's anything we do, well, there's, look, there's one thing that we do disagree with, with this open letter. And it's kind of funny because in the interview that Robert Malone did with Del Bigtree, we actually, I'm pretty sure somebody correct me if I'm wrong, but this Substack went out even before that was made public. I believe because we basically, it's like, we were so on the same page as Del Bigtree where, well, yeah, it's like, look, we agree with what you're saying. We agree that these things need to be off the market. Absolutely. No problem. Get those things off the market. Okay. It's not like we love mRNA vaccine or any vaccines for that matter. And 27 years with you, 21 years with me, we have a long history and a long track record. Nobody can question where we stand on these things.

Okay. We've been doing this for decades. Yeah. And by the way, we take no money from MAHA. I've never, again, we're not part of that officially. Listen, we're an independent talk show.

SUPER DON:

There have been times I wish I had a check for MAHA would have come in handy, right?

ROBERT SCOTT BELL:

No, that hasn't happened. So as I said, they picked it up. And I think the bad blood that exists within our movement of certain factions and sectors, it's like let's eat ourselves so that we don't succeed. Now, doesn't mean we have to agree with everything everybody's doing, but the thought experiment was about, you put something out there. It's a war game strategy, a different kind of way to look at art of war stuff, but it's like, all right, play it out to this and see it out. And it was sort of, that was the experiment. Not saying somebody's wrong. Somebody's co-opted.

SUPER DON:

And I purposely put those disclaimers in there because I wanted people to understand what that was. And here's the thing. When you read all the comments in these tweets, I still call them tweets. Cause I don't know what else to call them. That Mary put out about being attacked and MAHA and all this stuff. And you looked at the people that like her, which they have, they should like her. Okay. There's nothing wrong with that. That you could tell by the things that they were saying that I would, I want to say a hundred percent, but just to give a little margin of error, **99% of the people that commented, you could tell they didn't read the article. They didn't read the Substack that she was claiming was an attack.**

None of them. No, I can't say none. A few of them did. And here's the funny thing. You could recognize those people immediately because the people that did read the article, they got on there and said, Whoa, wait a minute. I read the article. That's not what this is saying. This is not an attack. They're not attacking Mary. They're not saying that she's a controlled opposition. It's actually saying the opposite of that. And what happened when I read the article over the weekend, to me, it was just like, Whoa, this is almost like a perfect, like a masterclass almost of how the, well, the very thing you were writing about happened.

It happened. I mean, it was just like, boom, look at it. Here's a perfect example of how people are just, they're not, it's very frustrating. Yeah. I wish, I love the health freedom movement. **And the thing is, is the health freedom movement is dividing itself, and without going into trying to speculate as to reasons why and all that kind of stuff, people need to take a step back and kind of take a look at what it is that's going on and go, are we doing the right thing here? Are we handling this the right way?**

Because what's happening right now with the health freedom movement, with everything being fractured and people getting into their own little warring clans and all this kind of stuff, we are doing what the pharmaceutical industry, big ag, big food, big chemical, we are doing to our own movement, what they couldn't do. They couldn't do on their own. We're doing it for them. What are we doing?

ROBERT SCOTT BELL:

We don't need insiders. **We don't need agents provocateur when we react emotionally.**

SUPER DON:

Why is this going to, and why is it that people are, gosh, man, this is very difficult for me to do because my Gen X wants to come out, man. It wants to come out and I don't want, I mean, I don't want to escalate or irritate. I want us to come together and I, I want, I believe it was Dell was saying, how can we fix this and bring people together? Even if we have disagreements on things.

For the open letter, our biggest disagreement was the same thing Del said, which was very funny to listen to the interview because it was just like, wow, that's exactly what we were saying too. That it's not what their desire is. It's about the mechanism in the letter where it just goes, this is it or else we're going to withdraw our support.

The health freedom movement is going to withdraw its support, which brought up another thing actually, which kind of concerns me. It's just like, Mary, listen, she's done a lot of work. If you look at her backstory, she came into the health freedom movement in, I think it was the summer or fall of 2021, when she started having opposition to the COVID shots. Right. And she kind of saw the light. Right. She's done a lot of work since then. Okay. More power to her. Okay. She's fighting the good fight.

The health freedom movement to put out a letter and say, we are the health freedom movement. We will withdraw our support. I think the health freedom movement is

bigger than the people who are the supporters of this open letter. Well, it's, I mean, yeah, it's not the MAHA group.

To make yourself the gatekeeper of the health freedom movement is kind of like, nobody asked me, Hey, you want to be a part of our health freedom movement over here. I think the health freedom movement is much bigger than just the people that are supporting this open letter. So to me, that was just kind of like, that's kind of presumptuous for us.

ROBERT SCOTT BELL:

I mean, we are the health freedom movement since I've been at this for 27 years.

SUPER DON:

That's right. We are right. Only the fans of the Robert Scott Bell show are exactly.

ROBERT SCOTT BELL:

No, I'm not, I don't have that. The point is, again, we all have various, let's say aspects of passion associated with certain, some people have their one thing, right. As we talk about the mRNA, which is a huge thing, which wasn't part of when I was starting this thing, this show in 1999, we're talking health freedom all the time, but mRNA was not part of the discussion. It wasn't something they foisted upon us at that point. If it was unknown to us, which it was, wouldn't become known until much later, but all of the other things that preceded it, that facility, one built on another, we've been at that, but I don't claim to be the movement, even though I've interviewed many of the health freedom people within the 20th century, some, many of whom are no longer with us.

They're so old. They were doing it before we were born. Like I said, this goes on much, much longer and much bigger than any of us. But now there's economics involved, there's politics, there's power involved. So some people are going to be motivated by baser instincts and I'm not making any accusations here, but that's just the nature of humanity and our experience.

SUPER DON:

No, I mean, that's not what this is even about.

ROBERT SCOTT BELL:

It's about what is the thing that drives you to do what you do? **And Mary's very passionate about what she's doing. And I don't disagree with pretty much anything in the letter. Like I said, the ultimatum thing with something we argue is, okay, that's a strategy or that's a tactic that we might say, I see an outcome that's not really beneficial to the movement, but that's okay. We can have those disagreements. But even the article**

that came out, the Substack wasn't even about that. It was about how we are so quick to accuse one another and we were not accusing is the point.

So anyway, here we are a couple of days later, we'll see. And as I said, all I ask you to do and all Super Don would ask you to do is read it for yourself. You might still think it's horrible. You might think, oh, that was the heart and there are people are going to go. We thought it was a waste of time to even do it. Okay, fine. You read it. Good.

SUPER DON:

Well, and in the Substack that we just put out, the second half of the whole thing is about that topic that I find it weird that the health freedom movement, which was out chanting about do your own research. Don't take what the government tells you on face value. Don't take what the CNN says, investigate, do your homework, do your research, get the facts, make your decision based on the facts of the case or the article or whatever. And in this case, nobody did that. It was just, oh no, I didn't read the article. I just looked at what somebody said that the article was about and went with that and didn't read it.

It's just, and I went down the list and I'm like, did you read the article? And then when people read the article, they were kind of, oh, I get it now. Yeah. It's just, where, how did we go from do your own research, which actually became something that the other side used to joke about? Oh, oh, you did your research. Do your own research. That's something we said during COVID, right? That is not something that should have stopped when COVID died down. That's something you should do every day. And I don't care if it's Mary Bowden. I don't care if it's Anthony Fauci. I don't care if it's Robert Scott Bell. I don't care if it's me. Don't take what we say on face value, right? Look into it yourself. Right. And if we're wrong, correct us.

ROBERT SCOTT BELL:

Right. And if you're a friend of someone, be willing to approach them and say, Hey, that's not what it was saying rather than just pitting off into your corner because you like somebody. I like Mary Tally Bowden. She might not like me anymore. I don't know, but I didn't do it. You didn't do it. In any way, she wasn't the focus of it. It just happened to be this massive event in our community or our movement that provided an opportunity, as we said, and as Super Don said, to teach, to look and see how simple this is. And it did. It manifested exactly as not what we intended other than to reveal these things, but the mechanics of it played out that way.

So if you guys have comments, questions, concerns, there it is. **This is the new Substack that we just got out there today in response to it all. No PSYOP required. We are dividing ourselves. The open letter debate just exposed a much bigger problem. The health freedom movement is starting to eat its own.** Now, again, don't like it or dislike it because we put it out. Right. And in fact, there are people in this audience that disagree with what we're saying right now. Cetros is not a big fan of Del, thinks he's a grifter. Okay. I

get it. Probably some people think I'm a grifter. I don't know. But the point is everybody's got their thing.

The idea that safer vaccines, or what did I say about Kennedy? We want to get trust in our public health, whatever. We think that's the wrong goal. But I say, arguably, whether he's conscious of it or not, **the very thing about talking about a lack of trust of public health authorities is a good thing.** It's going to move the needle in the right direction. Again, that's my perspective. I try to step back and see it from a bigger perspective. It could be wrong, but that's how I see things.

I'm not interested in doing it in the way the people that are in D.C. do it. Now, would I show up for some events in D.C. to help? Yeah. I was invited by what the National Journal to talk about the MAHA movement along with Zen Honeycutt and Robert Malone. And who was the other one? Glyphosate gal was on there as well. And we didn't all agree on everything, but it also pointed to the fact that we in this movement, Zen Honeycutt's been at it for years. I've been at it for decades. We've long preceded it, and this thing will move long after there is a MAHA thing that may or may come or go. So it's way bigger than any one group or individual, and we were sharing our perspectives there.

And ultimately, I don't believe we can solve it from within government, even though I applaud those who are attempting to do so. Does that make me a controlled opposition? Because I'm not speaking out against the failures of it. No, we pointed out, particularly on the FDA. How much have I got? Man, I was right there in February just after Kennedy got HHS nod at a press conference. And I asked him the question about homeopathy. Your FDA still attacking homeopathy? He says, well, tell Marty. Marty's into that. And of course, now Marty's gone. So yeah, there's adequate things to accuse him.

SUPER DON:

Dude, I mean, when things are... We are... Yeah. I mean, how do you explain this? We don't say, okay, we really like this person, so everything they do or say, we're just going to agree with because... No. It doesn't matter if it's Trump. It doesn't mean if it's RFK Jr. There have been times RFK Jr. has done things. We were just, what is this? Why are you doing this? And so, look, we're going to take it item by item. We're not going to... On the one hand, we're not going to go, we like this person. We will worship them. Everything they say and do, we will make excuses for. At the same time, we do not like this person, so everything they say and do is bad, and we will say it's all bad. There are a lot of people that fall into both of those camps right now.

And I would even say with Cetros, you don't like Del Bigtree, right? Are there things that Del Bigtree can say that we can disagree with? Yes. Are there things he can say that we do agree with? Yes. So there's nothing wrong with doing that. You don't want to just completely write somebody off and go, everything they say is wrong because they're a grifter. We can think bigger than that. We have the ability to do that. What you choose to do is up to you.

ROBERT SCOTT BELL:

Well, I'm going to head on over to the podcast. I don't even want to play the video. Which, by the way, I want to be Cetros.

SUPER DON:

Yes. Cetros has a new favorite guest. He was so excited about Catherine Austin. I knew he was. And the algae. And the energy bits here.

ROBERT SCOTT BELL:

And I've got, where do I have my canister over here? We love it. It's wonderful stuff. So we're glad you love Catherine. We love Catherine too. So I'm going to head on over. Keep talking, Super Don. Don't even play the video clip. I'm just moving on over to the podcast set. I just want to keep talking about this.

SUPER DON:

It's so important. Thank you, by the way. Okay. All right. Well, then we'll do this. I guess we'll hide this and then we'll turn this on. Now we get to see Robert actually walk over and sit in the chair. It's a long hike, but I should have been singing. It's a beautiful day in the neighborhood.

ROBERT SCOTT BELL:

I got to bring, can I take my shoes off?

SUPER DON:

Put on your sweater. No, you could change your shoes though. That's what you do. That's right.

ROBERT SCOTT BELL:

I need some indoor shoes. I don't think we ever saw Mr. Rogers walking around in socks. He wasn't barefoot. Or shorts for that matter. Anyway, listen, y'all please read the Substack, whether you read it because MAHA puts it out or not. Again, I think that's the issue is people have preexisting things and they might be legitimate. That's not my argument, nor Super Don's argument about all of these things. It's more what they did. They saw something in the article. **Now, maybe somebody said, Oh, I think this was an attack on Mary. Let's print it. But it's not. Mary, we love you. We appreciate you. So sorry that it came across that way, but it was, how many disclaimers can you put?** It was a teachable moment. And I stand behind that teachable moment. And that's the intent and nothing else other than that. And again, many of my friends signed on to the letter. I was not contacted prior to that letter going out. So I had nothing to, you know, I might've looked at it. I know. How come we didn't get the phone call, right? Well, true. We didn't, but we wouldn't have done it, but at least it's like, but I might have said, Hey, I like everything in it. I just don't

think the ultimatum is going to do a whole lot of good. And that's the point. It wouldn't make me like Mary anything, any less, any more than any of my friends who signed onto the letter. They're still my friends, unless they don't want to be my friends for some reason, but well, and listen, that's the danger of this, right? Is that, look, I suppose it's not like I have a crystal ball. This letter thing could play out in a way where the people that are a part of this group now over here that are planting their flag and saying, you know, do this or else type thing that it won't devolve into a us versus them thing. The point that I was making originally is that that danger exists. There's no guarantee. There's no guarantee that it's going to do that, but there's no guarantee that it won't, but you are inviting something like that. The possibility of something like that, the way that it's worded in the way that it's organized, that it's just, look, we're over here and this is the hill we're dying on.

It's very, I don't know. It's very, let's say it's possible. Not that you have to sit around and be afraid of everything that's possible, **but when you look at this and you go, the Spidey sense goes and you go, man, this could turn into, we're the real health freedom movement. You guys over here that subscribe to anything that MAHA is doing or talk about MAHA or friends with people in MAHA, you guys are controlled opposition. You guys fell for this.**

It can't be that you just have a different perspective, but we've had Robert Malone on the show, right? I was on stage with him doing things as well. And he has disagreements with what we're saying probably and some agreements, but again, this is the messy nature of being human. And I don't think it has to be so messy, but we kind of choose to do that. And as I always try to take it to that spiritual level, the best of my ability in that we each have a mission, a purpose to be here. And it's not just one thing. It might change over time.

And some people are drawn into the belly of the proverbial beast in DC to do the things Kennedy's doing, or even as Dell was active in doing things beyond his show and political things and Tony Lyons with his publication, his Skyhorse, and then he gets involved in this very much. And so I give them, this is their bliss. This is what they're resonating to do. Now, do we have to agree with everything they're doing to interact in it? No, I don't believe so, but we take everything personally. Of course, it's going to be a very unhappy life. If I took all the nasty comments that were made about me, since this thing came out, like I was attacking Mary or you were attacking Mary, which we weren't, it'd be a miserable life.

I just kind of had to chuckle a little bit and go, I don't think they read it. I really don't think they read it.

SUPER DON:

If you read it, you know, it wasn't that, but the people that did read it, you could tell that they wrote it because of what they were saying.

ROBERT SCOTT BELL:

Yeah, they said it wasn't an attack, but suffice it to say again, everybody's got their path. It's unique. And yet it crosses over into our path because we're on a similar journey. What's important to us. We might have in common how to get there. We might not maybe have a lot and a little bit. And now suddenly that one thing, is that the thing that throws the kibosh on everything. And that's the point of, can we set aside those differences to work on some things that are commonly for us perceived to be much better? **I recognize that I think no matter again, this is not me throwing a wet blanket, even on the people in MAHA or the people like Kennedy that are doing things within it. I don't ever believe, perceive that it's going to happen from the top down. The reason that it even is occurring at all is because of the bottom up.**

The MAHA movement was made possible by the people, the moms, the angry moms, the Zen Honeycuts of the world, largely Democrats, libertarians, a mix of everybody going, Hey, and then suddenly this happens. Now, politically, Trump might've said, Hey, I need those voters. Kennedy is the guy I'm going to bring him in. And maybe he duped Kennedy, but apparently Kennedy doesn't believe that. Kennedy thinks everything that Trump promised him, he gave him, but doesn't mean he can do anything he wants all at once, which is again, another part of the issue of the ultimatum is do this or else we withdraw support. Well, where are you going to place it? What are you going to expect next?

And if, or when, let's say the Dems as they're currently made up right now, which are bigger into big pharma than Republicans ever were in previous generations, what do you think is going to happen then? Now it's not going to change my behavior in terms of, Oh, suddenly now they're going to say, I have to get a shot now because they're all into mandates.

As I said, one of the most important things that Trump did that was different from whether you love him, hate him or a neutral on him was that he was not a mandate guy. That is a foundational difference of those who go, I'm into mandating you, right? The fact that he's still pro vaccine and hasn't banned the vaccine.

SUPER DON:

But Robert, he didn't release the Epstein files.

ROBERT SCOTT BELL:

Okay. We can talk about that. So well, and that's another point of contention that is legitimate as well. But does that cancel out the good things that he does? It shouldn't, in my opinion. Well, again, that's where we are. But for some people, it does. It's another one of those things. It's kind of like mRNA. It's just this didn't happen. So now everything, everything that you do is bad. And even if it's good, it's bad, and that's just the warring mentality that's out there right now is just everybody's at war with everybody.

Yeah. Well, being in sympathetic and fight or flight all of the time, it's exhausting. And I tend to say, step back, just like in my training as a lifeguard back in the day when I was the

swimmer, when you are trying to rescue a drowning victim, you try to get there as fast as possible. Of course, you got to assess the situation, but right before you get to within grips reach, you do a quick reverse because you have to assess the situation again and say, could my attempts to save this person based on my training be something that could get us both killed because I'm entering it in a way that could be dangerous to both of us, right? How do we do that?

And so it's an acknowledgement of that larger picture of what we're doing with what's called a MAHA movement, self freedom movement long before there was MAHA of what can we do to actually succeed? Knowing that, I agree with Mary, probably many of those that signed the paper, they don't think that there really is a solution within government. They're going, screw it. At this point, we're just going to do it because, and I get that that's a legitimate viewpoint, but because it is, doesn't make the tactic correct.

In my opinion, doesn't mean I'm condemning anybody who signed it or Mary that's proffered it or whoever wrote it, whatever, if it's somebody different, but I think about what are we doing to move for those that are not already here? How are we reaching them? If it's a zero vaccine policy and zero MRA policy, as much as I could advocate for that, the vast majority, even though many are questioning more than ever vaccines, for instance, and even mRNA are not there yet.

So you would alienate the rest and they would fight tooth and nail to gain and maintain or regain power because the way you're going about it is eliciting enemies as opposed to finding the Ron Paul method. You might disagree with everything Bernie does economically, but you found one area where Bernie you can align with on some issue, right? Maybe it was the Federal Reserve at the time, but whatever. It's the point of finding those points and saying, we can work together there. I can still disagree with you doing other things there, but I know that's asking a lot.

For some, it's asking too much and I'm not naming any names here. I'm just saying this is the human experience. We've just been through it. **It's been intense and it's probably going to get more intense. We'll have some people that'll just double down. They still won't read it.** There are others that will read and go, oh, okay. It wasn't what I was told or I thought it was an emotional response. And yeah, the emotions are part of who we are and what we can do and how we interact with the world. But if we always lean into our emotions, we're often making some pretty bad moves that can end up harming us or what we call this larger movement, even if we don't like everybody in it, right?

Whatever that is. We don't have to like everybody in it. That's just, there's going to be people you do, people you don't. Others you tolerate. Others become your brothers and sisters. And I've had, I have more brothers and sisters than I do what I perceive to be enemies within this movement. But maybe that changed over the weekend inadvertently.

SUPER DON:

If it did, that's sad. That's just sad. That's not how we do things. No. But we have no control over other people's personalities and stuff.

ROBERT SCOTT BELL:

So it is what it is. **So for what it's worth, Mary, we love you. Still appreciate you. No intent to harm whatsoever. It was a thought experiment to do exactly what eventually we didn't want to have happen. Trying to teach people how not to go down that road.** And there you go.